

<b>Maryland Diabetes</b>	Medical Ma	anagement	: Plan/ Hea	alth Care Provider	<b>Order Form</b>
Valid from: Start _	//	_ to End	JJ	or for School Yea	r



Demographics Demographics							
Student Name: DOB: Grade: Diagnosis:							
Parent/Guardian: Home Phone: Work Phone: Cell Phone:							
Insulin Orders							
Insulin Dosing:       □ Carbohydrate       □ Correction       □ Correction dose plus CHO       □ Fixed       □ Fixed insulin dose       □ See attached dosing coverage         coverage       dose only       coverage       dose       with dosing scale       scale							
Insulin(s):							
□ Rapid Acting: □ Apidra □ Humalog □ Novolog □ Any of the rapid acting insulins may be substituted for the others □ Long Acting (if given at school): Give unit(s) at (time)							
Insulin Delivery:   Pen   Syringe   Pump (make/model):							
Carbohydrate (CHO) Coverage per meal:  unit(s) of insulin SQ per grams of CHO at breakfast unit(s) of insulin SQ per grams of CHO at lunch							
Carbohydrate Dose Adjustment Prior To Strenuous Exercise:							
☐ Use exercise/PE CHO ratio of unit(s) of insulin per grams of CHO at breakfast ☐ Use exercise/PE CHO ratio of unit(s) of insulin per grams of CHO at lunch							
Correction Dose:							
Give unit(s) of insulin SQ for every mg/dl greater than target BG of mg/dl							
☐ If pre-meal BG less than mg/dl, subtract unit(s) of insulin dose							
□ Fixed Dose Insulin: unit(s) of insulin SQ given before school meals							
☐ Split Insulin Dose: Give unit(s) or% of meal insulin dose SQ before meal and unit(s) or% of meal insulin dose SQ after meal							
Snack Insulin Coverage:							
unit(s) of insulin SQ per grams of CHO in snack unit(s) of insulin SQ for snack greater than grams of CHO							
Ketone Coverage							
For ketones trace to small (urine)/< mmol/L (blood) For ketones moderate to large (urine)/> mmol/L (blood)							
□ Correction dose plus unit(s) of insulin □ Correction dose plus unit(s) of insulin							
unit(s) of insulin							
Insulin Dose Administration Principles							
Insulin should be given:							
☐ Before meals ☐ Before snacks ☐ Other times (please specify):							
☐ For hyperglycemia if BG > mg/dl and hours since last dose/bolus							
☐ If CHO intake cannot be predetermined, insulin should be given no more than minutes after start of meal/snack							
☐ If parent requests, insulin should be given no more than minutes after start of meal/snack							
□ Use pump or bolus device calculations per programmed settings, once settings have been verified							
□ Parent has permission to increase/decrease insulin correction dose by +/ unit(s) or by ratio unit(s) to mg/dl							
□ Parent has permission to increase/decrease CHO coverage by +/ unit(s) of insulin or by ratio of unit(s) to grams of CHO							
Independent Insulin Administration Skills & Supervision Needs* *Skills to be verified by school nurse							
□ Insulin dose calculations □ Carbohydrate counting □ Measuring insulin □ Insulin administration							
□ Independent □ With □ Independent □ With □ Independent □ With							
Supervision Supervision Supervision Supervision							
Other Diabetes Medication							
Name of Medication Time Dosage Route Possible Side Effects							
Authorizations							
HEALTH CARE PROVIDER AUTHORIZATION PARENT/GUARDIAN AUTHORIZATION							
I authorize the administration of the medications and student  By signing below, I authorize:  The designated school personnel to administration medication.							
diabetes self-management as ordered above.  • The designated school personnel to administer the medication and treatment orders as prescribed above.  • The designated school personnel to administer the medication and treatment orders as prescribed above.							
By signing below, I agree to:  • Provide the necessary diabetes management supplies and							
Phone:  Fax:  equipment; and  Notify the nurse of any changes in my child's care or condition.							
Provider Signature:  Date: Parent Signature: Date:							

Acknowledged and received by:

School Nurse:

Date:

Valid from: Start/ to End/ or for School Year							
Student Name: DOB:	Grade:						
	Blood Glucose Monitoring* *Self-managemen	t skills to be verified by school nurse					
Blood Glucose (BG) Monitoring:  □ Before meals □ Before PE/Activity □ After P □ For symptoms of hypo/hyperglycemia & anytime the		nitoring per parent request					
Continuous Glucose Monitoring							
□ Uses CGM Make/Model:							
□ Other:	□ Other:						
Alarms set for: Low mg/dl High	mg/dl   If sensor falls out at school, notify pare	ent					
Н	ypoglycemia Management* *Self-manageme	nt skills to be verified by school nurse					
Mild or Moderate Hypoglycemia (BGmg/dl to	mg/dl):						
Provide quick-acting glucose product equal to 15 grams of carbohydrate (or glucose gel), if conscious & able to swallow.  If glucose gel is given, place student in recovery position.  □ Suspend pump for BG < mg/dl and restart pump when BG > mg/dl  □ Student should consume a meal or snack within minutes after treating hypoglycemia  □ Other:  Always treat hypoglycemia before the administration of meal/snack insulin  Repeat BG check 15 minutes after use of quick-acting glucose  ■ If BG still low, re-treat with 15 gram quick-acting CHO as stated above  ■ If BG in acceptable range and it is lunch or snack time, have student eat and cover meal CHO per orders  ■ If CGM in use and BG 70 and arrow going up, no need to recheck  Student may self-manage mild or moderate hypoglycemia and notify the school nurse*: □ Yes □ No  Severe Hypoglycemia (BG < mg/dl):  If symptoms worsen despite treatment/retreatment times, student is unconscious, semi-conscious, unable to control his/her airway, unable to swallow or seizing give:  □ GLUCAGON injection: □ 1 mg □ 0.5 mg IM or SQ  ■ Place student in the recovery position  ■ Suspend pump, if applicable, and restart pump at BG > mg/dl  ■ Call 911 and state glucagon was given for hypoglycemia; notify parent/guardian  □ Use glucose gel inside cheek, even if unconscious, seizing if glucagon not available or there is no response to glucagon administration.							
If glucose gel is given, place student in recovery po  Hy		nt skills to be verified by school nurse					
If BG greater than mg/dl, or when child comple		eck urine/blood for ketones.					
If urine ketones are <u>trace to small</u> or blood ketones     Give ounces of sugar-free fluid or wat							
Give insulin as listed in Insulin Orders							
If urine ketones are moderate to large or blood ketones greater than mmol/L  Give ounces of sugar-free fluid or water  Give insulin as listed in Insulin Orders							
If large ketones, vomiting or other signs of ketoacidosis, call 911. Notify parent/guardian							
Recheck BG and ketones hours after administering insulin							
Contact Parent/Guardian for:      BG >mg/dl							
Student may self-manage hyperglycemia with trace/small ketones and notify the school nurse:							
Snacks							
Snacks needed:							
□ Before physical education/physical activity/sports lo		□ Per student					
☐ Limit snack to grams of CHO ☐ Delay snack if BG > mg/dl ☐ No snack coverage ☐ Other:							
Provider Name:	Signature:	Date:					
Acknowledged and received by:	School Nurse:	Date:					

Maryland Diabetes Medical Management Plan/ Health Care Provider Order Form

Valid from: Start/ to End/ or for School Year							
Student Name:	DOB:	Grade:					
Physical Education, Physical Activity, and Sports							
□ Avoid physical education, physical activity, and sports if: □ BG < mg/dl □ BG > mg/dl □ Ketones present							
☐ If BG is 80-100 mg/dl, give 15 grams of CHO and return to physical education, physical activity, or sports							
☐ May disconnect pump for sports activitie	es						
☐ Student may set temporary basal rate							
□ Other:							
	Transportati	on					
☐ BG must be > mg/dl for bus ride/w	valk home						
☐ Only check BG if symptomatic prior to bu	ıs ride/walk home						
☐ Allow student to carry quick-acting gluco	se for consumption on bus, as	needed for hypoglycemia					
☐ Student must be transported home with	parent/guardian if (specify):						
□ Other:							
	ter Plan (if needed for lockdov	vn, 72 hr shelter in place)					
☐ Continue to follow orders contained in the	nis medical management plan						
☐ Additional insulin orders as follows:							
□ Other:							
	Pump Managei						
Type of Pump:	Pump start date:		k: 🗆 On 🗆 Off				
Basal rates: unit(s)/hour AN	M/PM unit(s)/hour						
unit(s)/hour A	M/PM unit(s)/hour						
	M/PM unit(s)/hour	AM/PM					
Additional Hyperglycemia Management:			l Nuit I				
☐ If BG > mg/dl and has not decre			change. Notity parent/guardian				
	n via syringe or pen 🗆 Cl	=					
☐ For suspected pump failure, suspend or r		· - ·					
☐ If BG > mg/dl and moderate to large ☐ Comments:	ketones, student snould chang	e infusion site and give corr	ection dose by pen or syringe				
□ Comments.							
	endent Pump Management Ski						
Student is independent in the pump skills	y school nurse. Supervision will be prov	vided if not fully independent wher	n appropriate				
□ Carbohydrate counting □ Bo		□ Cot a hasal rate/tompor	ary basal rato				
_	repare and insert infusion set	☐ Troubleshoot alarms and	-				
	sconnect pump	□ Other:	u manunctions				
dive sell-injection if fleeded	Additional Ord						
	Additional Ore	JE12					
	Parent/Guardian Consent for	Self-Management					
■ Lacknowledge that my child ☐ is ☐ is	s not authorized to self-manage	e as indicated by my child's	health care provider.				
I understand the school nurse will work v	- vith my child to learn self-mana	gement skills he/she is not	currently capable of or authorized				
to perform independently.	The my child to learn sen mane	igenient skins rie, sne is not	carrently capable of or damonized				
My child has my permission to independent	ntly perform the dishetes task	s listed helow as indicated l	hy my child's health care provider:				
□ Blood glucose monitoring	☐ Insulin administration						
☐ Carbohydrate counting	☐ Insulin dose calculation	□ Pump manag □ Other:	gement				
Parent/Guardian Name:	Signature:	u otilei.	Date:				
raicity Guardian Name.	Signature.		Dute.				
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Provider Name:	Signature:		Date:				
Acknowledged and received by:	School Nurse:		Date:				

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